

we care for your health.

Discover one of the best medical centres in Europe.

As the country's first capital for 200 years, Coimbra's profile was raised by the founding of the University which is one of the oldest in Europe and the oldest academic institution in the Portuguese-speaking world.

The city is one of the most important urban centers in Portugal after the cities of Lisbon and Porto. Main Airports are 1 hour away by motorway.

City of Knowledge

Coimbra is called "The city of the students" because it is where the oldest and one of the largest universities in Europe is located – the University of Coimbra, whose origins can be traced back to the 13th century. Nowadays, it has students from 70 different nationalities with almost 10% foreigner students, making it the largest international university centre in Portugal.



COIMBRA

The Health Centre of Portugal

The wealth of the city rests mostly on its University of Coimbra with about 45.000 students – but also in technology, health sciences industry and specialized medical care. The city has one of the largest university hospital centres in the country: the C.H.U.C. – Centro Hospitalar e Universitário de Coimbra.



Culture Coimbra Fado

Fado, the urban popular song of Portugal, is listed on the Intangible Cultural Heritage of Humanity. Coimbra university students adopted Fado as the music of the city, that became also known as Student's Fado, and it is usually considered the typical music of Coimbra itself.



Why travel to Portugal for medical treatment



High Quality of Medical Services

Coimbra offers high-quality healthcare at a lower cost than most European countries.

Be among the best.

The medical standards in Portugal hospitals are among the highest in the world - based on modern treatments, excellent medical schools and medical research.

Internal capacity

- ▶ 1.700 ----- Beds
- ▶ 45 ----- Surgery rooms
- ▶ 50.000 ----- Surgical procedures
- ▶ 1.100 ----- Doctors
- ▶ 2.300 ----- Nurses

No Waiting List

With our well-staffed and abundant medical facilities in Portugal the result is generally no waiting list. Our priority is to ensure that our international patients can receive treatment within a week after making the decision to travel to Portugal.



Data security and patient confidentiality

State-of-the-art healthcare information systems ensure confidential treatment of your patient data



We care about your health



GlamHealth is a Coimbra based company specialised in international healthcare management, coordinating international patients receiving treatment through our hospital network

Our hospital network offers high-quality services at a competitive cost.

GlamHealth has long standing experience in managing international patients that received cross-border health-care in Portugal - allowing patients to benefit from both our expertise in organising travel as well as the medical expertise available through our healthcare network.

GlamHealth coordinates the various providers engaged in the patient's healthcare travel in order to make it a positive and satisfactory experience for the patient and the family. We want to make our high quality treatments available to patients with various needs from all parts of Europe.

Advances in communication technology and affordability of air travel have flattened the world. This also applies to health care. However, it is important to acknowledge that

travelling to another country to receive medical treatment is sometimes not an easy decision to make. A number of factors needs to be considered that can add real or perceived complexity to medical travel.

Our local presence and our network of healthcare providers and partners will support you to make your medical journey to Coimbra both agreeable and a medical success.

Our vision is to take the complexity out of medical tourism and make it an easy and predictable process for our patients and their families.

Our service focuses on a holistically streamlined process of your entire medical treatment including the planning of your trip, finding the right treatment, doctor, individual rehabilitation and efficient after care.

We believe that medical treatment is a very individual experience, and therefore we do not work with "one-size-fits-all" offerings, but rather with individualized planning customised to your personal needs.

Clinical Services available:

- Cardiology
- General surgery
- Facial & jaw surgery
- Plastic surgery
- Vascular surgery
- Dermatology
- Endocrinology
- Gastroenterology
- Sexual medicine
- Neurosurgery
- Cancer treatment
- Medical spa treatment
- Diagnostic imaging
- Neurology
- Nutritionists
- Obesity
- Ophthalmology
- Orthopedics
- E.N.T. - eye, nose and throat specialists
- Pneumology
- Clinical psychology
- Psychiatry
- Urology
- (organ) transplantation
- Addiction treatment



Get your treatment with us



Moderate climate

Portugal has four seasons, with soft winter and warm summer days, the Mediterranean climate is moderate, yet without real weather extremes. Patients who are especially intolerant to heat and humidity will enjoy the summers in Portugal.

In the Heart of History and Culture

When you are in Portugal, you are in the heart of history! Why not travel and experience Portugal while you are here? What do you want to see? With us organizing the trip for you, should your medical condition allow it. Please feel free to discuss with us what is best for you. We are happy to organize your trip journey.

Aftercare and Rehabilitation

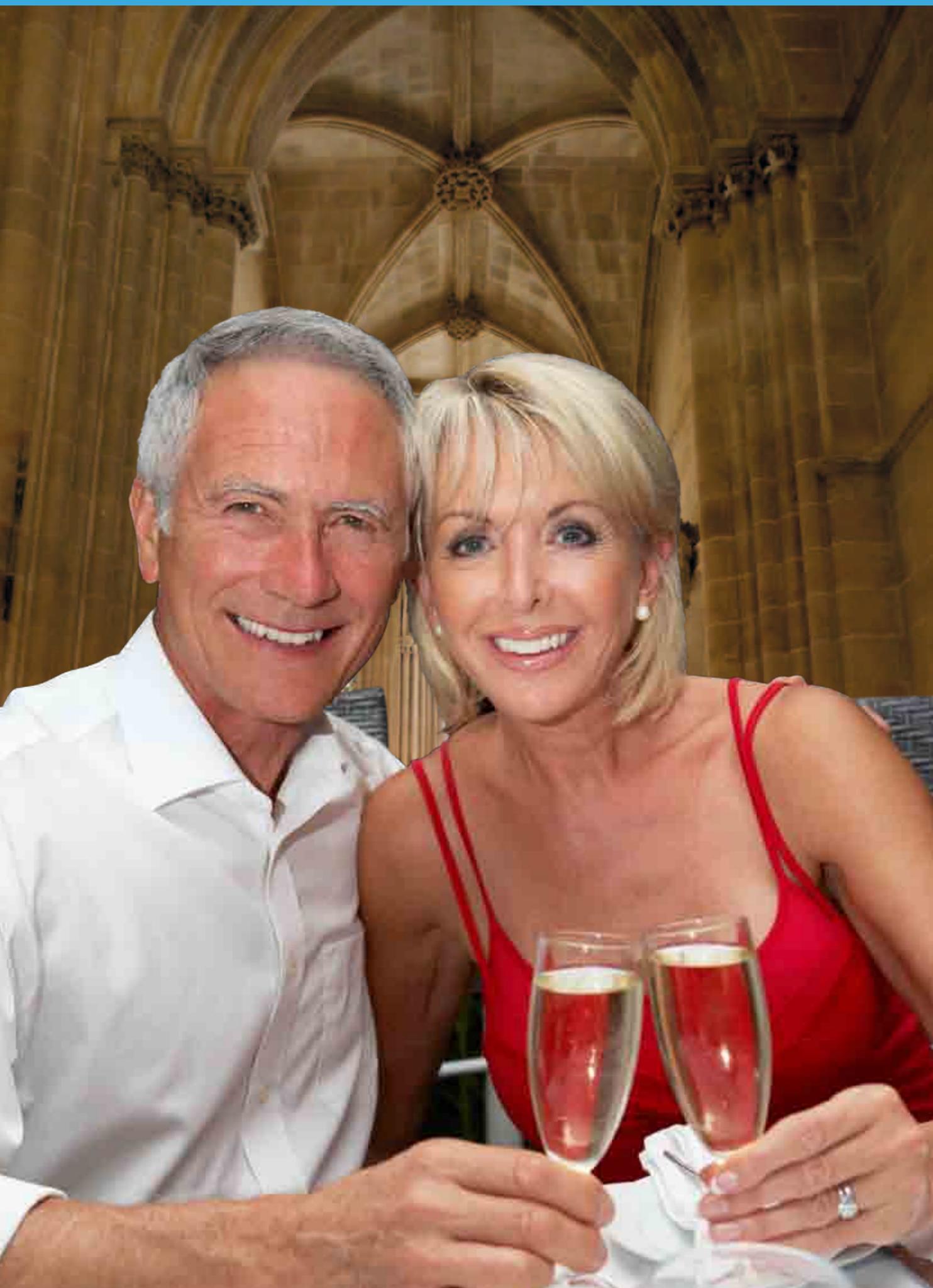
Our services will never release the patient day after surgery. Aftercare plays an important part in the recovery process. Physical therapy and rehabilitation centers in Portugal form an integral part in the recovery process and are often appreciated in particular by patients who may not be used to such extensive aftercare.

European Directive on Cross Border Healthcare



The directive establishes the framework which allows European citizens to receive cross-border healthcare. Patients are under the new directive allowed to seek healthcare anywhere in the EU. This includes planned treatments. The directive defines the rights of the patient, what type of treatments they are entitled to outside their own country and under which conditions.

GlamHealth assists patients on understanding their rights and choosing the best doctors and hospitals.



Celebrate your recovery the very best way possible and discover the best that our country has to offer



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